



# ECT Service

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## General Information

ECT is performed on Monday, Wednesday and Friday mornings.

The following Doctors perform ECT at Delmont:

Dr Stephen Joshua, Dr Eli Kotler, Dr Ray Murphy, Dr Paul Ng, Dr Bill Pring,  
Dr Kamal Sanghvi and Dr Barry Williamson. The name and details of the doctor for each  
day is available from the ECT Manager and/or ECT Ward Clerk.

Mr. Gian Bhogal is the ECT Manager and should be contacted if patients are to be added to  
the ECT list. Gian is available on 9805 7340 from:

6:30 am to 2:36 pm Monday, Wednesday and Friday and  
8 am to 4:06 pm on Tuesday and Thursday.

Please contact the Grade 5 Hospital Co-ordinator outside those hours on 9805 7390.

Gian may also be able to help you prepare your patient for ECT and provide information.

The ECT list closes at 5pm the night before ECT.

Please phone the Anaesthetist and the ECT Psychiatrist if you wish to add a new patient or a  
patient whose circumstances have significantly changed (For example, medical  
complications or major changes to medication.) to the ECT list.

Patients must have a physical examination and appropriate pathology tests pre ECT  
(FBE, U&E, LFT) and an ECG. Smokers and those over 40 years must have had a recent CXR.  
The Anaesthetist and/or the ECT Manager can assist you with this if you need help.

If your patient requires emergency ECT and you wish to add the patient to the ECT list after  
5 pm please telephone the Anaesthetist and the ECT Psychiatrist.

Day patients must be accompanied home by a responsible adult and a responsible adult  
must stay with the patient for 24 hours after ECT. Day patients must stay on the hospital  
premises for four hours after their treatment.

An original and completed MR10 form (prescription, consent and medical workup details)  
must be provided before treatment can be given.

The consent form must be signed by the patient before the patient enters the ECT suite.  
Please note that photocopies will not be accepted and that ECT staff are not allowed to  
complete these forms.

Patients should be made aware of the information in the attached documents:

- Details of prescription and consent form (MR10).
- Electroconvulsive treatment (adult patient) Statement of rights.
- Delmont Hospital ECT information.
- Anaesthetic document.
- Smoking information.
- Out of pocket fees for ECT Consultant Psychiatrists.